

# PACKING LIST



## SEA KAYAKING EXPEDITIONS

If you're paddling a single kayak, the hatch openings you'll be packing into are 10" and 8" across. These are performance kayaks, designed for the joy of paddling. Your joy in packing will be proportional to how "minimalist" you can pack.

Remember that all the food, water, and kitchen equipment also need to fit into the kayaks. Please plan on fitting your personal equipment into 1 or 2 hatches (there are 3: front hatch, day hatch, and rear hatch).

## PADDLING

- ☐ 2 liters of water in bottle(s) and/or hydration system
- ☐ Sunscreen and lip protection
- ☐ Sunglasses with strap
- ☐ Strap for regular glasses
- ☐ Hat for sun
- ☐ Non-cotton long-sleeve shirt for paddling
- ☐ Quick-dry shorts/pants
- ☐ Water shoes or sandals with heel strap

## CAMPING

- |   |   |
|---|---|
| <input type="checkbox"/> Towel  | <input type="checkbox"/> Underwear                  |
| <input type="checkbox"/> Bathing suit   | <input type="checkbox"/> Warm hat for evening       |
| <input type="checkbox"/> Camp T-shirt (s)                                       | <input type="checkbox"/> Beach / light hiking shoes |
| <input type="checkbox"/> Warm camp shirt  | <input type="checkbox"/> PJs                        |
| <input type="checkbox"/> Windbreaker jacket                                     | <input type="checkbox"/> Head lamp                  |
| <input type="checkbox"/> Long warm pants  | <input type="checkbox"/> Bug repellent              |
| <input type="checkbox"/> Socks  |   |
| <input type="checkbox"/> Tent (rentable; included in some packages)             |   |
| <input type="checkbox"/> Camping mattress (rentable; included in some packages) |   |
| <input type="checkbox"/> Sleeping bag (rentable; included in some packages)     |   |

## BAGGAGE LIMITS.

JUST LIKE THE AIRLINES.

Sleeping pads: diameter 6" length 20"

Tent: total diameter 8" length 20"

Sleeping bag: diameter 9" length 11"

Motorboat-supported trips allow for a bit more packing space, but we still recommend keeping your gear light.

If you're renting kayaks, please see the Rental page for what's included in your level of service.

## PERSONAL

- ☐ Passport
- ☐ Toothpaste & toothbrush
- ☐ Sunscreen, Reef-safe please!
- ☐ Camera
- ☐ Spare batteries for everything
- ☐ Any clothes you'd like in town
- ☐ A few Ziplock bags of various sizes

## MEDICATIONS

- ☐ Prescription Meds 2 sets; leave one in hotel luggage
- ☐ Muscle aches & inflammation (Ibuprofen)
- ☐ Fever & headache (Acetaminophen / Paracetamol)
- ☐ Tummy trouble (Antacids, Anti-diarrhea)
- ☐ Motion sickness (Dramamine / nondrowsy Dramamine)
- ☐ Antibacterial cream (Neosporin)
- ☐ Antihistamine (Benadryl / Diphenhydramine)
- ☐ Hydration (powdered Electrolytes)
- ☐ Print-out of medical history and list of medications
- ☐ Copy of health insurance card, travel insurance contacts, passport, emergency contacts

*Ziplock the above items and keep them with you.*



## OPTIONAL

- ☐ Comb or brush
- ☐ Binoculars
- ☐ Solar lantern
- ☐ Sarong or wrap
- ☐ Journal, book
- ☐ Shampoo, soap (NOT Dr Bronners soap! It doesn't work in salt water. Trust us.)
- ☐ Handi-wipes and a ziplock to responsibly manage the used ones
- ☐ Fishin' stuff & lots o'luck (pre-purchase your fishing license online)
- ☐ Paddling gloves
- ☐ Compact beach chair (rentable)
- ☐ Lifejacket-mounted hydration system (rentable)
- ☐ Camping gear: tent, mattress, sleeping bag (rentable)
- ☐ Paddle jacket (rentable)
- ☐ Wetsuit (2mm shorty & neoprene top rentable)
- ☐ Mask, fins, snorkel (rentable)
- ☐ Your own paddling gear if preferred: Life jacket, paddle, spray skirt (bring skirt to meeting to test fit on our kayaks)
- ☐ Duffel for carrying everything between kayak & camp
- ☐ VHF radio/ satellite messenger
- ☐ SMALL extra drybags 10L or less
- ☐ Bug head net
- ☐ 15-20% gratuity for guides

## AVAILABLE TO RENT

Item	Description
MSR Hubba Tent	1-person, 2-person, 3-person
Ground Sheet	Sleep out no tent!
Sleeping Bag	Regular or Long
Sleeping Pad	Therm-a-Rest / Paco Pad
Expedition Camp Chair	Helinox Chair One
Mask, Fins & Snorkel	
Mask & Snorkel Only	
Fins Only	
Mask Only	
Shortie Wetsuit	2-mil farmer John/Jane
Shortie & Neoprene Top	2-mil long sleeve
Paddle Jacket	NRS
Kokatat Tributary	PFD-mounted hydration
Kayak Sail	Instruction during trip
Luggage Storage	Per item

## PROVIDED ON ALL GUIDED TRIPS

Kayak  
PFD (life jacket)  
Paddle  
Spray skirt  
4-5 dry bags of varying sizes  
All kitchenware  
Healthy camping meals  
Purified drinking water  
Sanitation system, TP  
Hand sanitizer  
Sand anchors & instruction  
Library of field guides, kayak books  
Compasses, charts

Contact registration to add items to your reservation. The earlier we know what you'd like to rent, the better.